

Watch

# HEALTHline

Glendale Adventist Medical Center

*Helping you understand your health and health options.*



Join HEALTHline Hosts

Susanne  
Whatley

Gregory  
Zarian

**Every Tuesday 7PM – 8PM**  
**Starting Tuesday, August 25**  
**Charter Cable Channel 280**

For more information call  
(818) 409-8100 or visit [GlendaleAdventist.com/Healthline](http://GlendaleAdventist.com/Healthline)

HEALTHCARE *at a Higher Level*



## HEALTHline

Glendale Adventist Medical Center

**To Debut On TV  
and Online**



Co-hosts Susanne Whatley and Gregory Zarian on the set of first Healthline show

*"We want you to be the healthiest you can be," says Morre Dean, president/CEO. "That is why we've created Healthline, a new television and online show that uses a fun and engaging format to provide the community with information on how they can improve their health."*

The hour-long, weekly show will debut on Charter Cable Channel 280 and online at [GlendaleAdventist.com/Healthline](http://GlendaleAdventist.com/Healthline) this summer. The two hosts, Gregory Zarian, a Glendale-born entertainment industry mainstay, and Susanne Whatley, a La Canada Flintridge resident and reporter on KFVB, help review current health news and topics using interviews and remote segments taped in the community.

Healthline hosts will cover broad topics like Emergent Care, Wellness, Recovery and Progression of Disease to create specific show episodes that address questions from the community.

**Tune into HealthLine:**

Every Tuesday from 7PM – 8PM on  
Charter Cable Channel 280  
Beginning, August 25, 2009

Watch episodes or submit  
your show suggestions or  
questions online at  
[GlendaleAdventist.com/Healthline](http://GlendaleAdventist.com/Healthline).



**Glendale Adventist has lined up exciting events to help educate you and your loved ones about health and health options. Mark your calendars and RSVP today for:**

**Date:** Tuesday, September 1, 2009 (6:00 PM)

**Location:** Glendale Adventist Medical Center, 1509 Wilson Terrace, Glendale, CA 91206

**Event:** Food For Thought Seminar - Presented by the Oak Society at Glendale Adventist Medical Center

**Description:** This event includes dinner and a presentation about the latest treatments for metabolic syndrome, which may affect up to 25% of the population. Information will also be presented on hypertension, diabetes and high cholesterol.

**Cost:** Non-Oak Society Members: \$10; GAMC employees and families: \$5; free for Oak Society Members

**To RSVP:** Call (818) 409-8055 or go to [www.glendaleadventist.com/giving](http://www.glendaleadventist.com/giving)

**Date:** Monday, September 14, 2009 (7:30 AM & 12:30 PM)

**Location:** Oakmont Country Club

**Event:** 26th Annual Glendale Adventist Medical Center Golf Tournament - presented by the Healthcare Foundation

Call for golfer, four-some and sponsorship information.

For more information call (818) 409-8055 or go to [www.glendaleadventist.com/giving](http://www.glendaleadventist.com/giving)

**Date:** Monday, September 28 (7:30AM – 3:30PM, by appt only)

**Location:** Glendale Adventist Medical Center (Main Auditorium), 1509 Wilson Terrace, Glendale

**Event:** Legs for Life

**Description:** Free Abdominal Aortic Aneurysm, Ankle Brachial and Peripheral Vascular Disease (PVD) screenings for those at risk for stroke or heart attacks.

**Cost:** Free – limited availability

**To RSVP:** Call (818) 409-8100

**Date:** Tuesday, October 8, 2009 (7PM to 10 PM)

**Location:** Nordstrom, Glendale Galleria

**Event title:** "Life.Inspiration.Fashion.Elegance."

**Description:** This is a unique fundraiser and shopping night - Presented by The Guild at GAMC, Nordstrom and the Glendale Galleria.

**Cost:** Individual Ticket: \$75; Party Packages: \$1000

**To RSVP:** Call (818) 409-8055 or go to [www.glendaleadventist.com/LIFE](http://www.glendaleadventist.com/LIFE)

**Date:** October 17 and 18, 2009 (10AM – 10AM)

**Location:** Scholl Canyon Baseball Field, 3200 Glenoaks Blvd., Glendale

**Event:** Relay for Life

**Description:** Join the Glendale Adventist Relay For Life team to celebrate cancer survivorship and raise money for research and programs offered by the American Cancer Society.

**Cost:** Suggested donations

**To RSVP:** Visit [www.relayforlife.org/GlendaleCA](http://www.relayforlife.org/GlendaleCA) and look for the Glendale Adventist team.

**Date:** October 30, 2009 (7AM – 2PM)

**Location:** Castaway Restaurant, 1250 E. Harvard Rd, Burbank, 91501

**Event:** Women's Health Conference

**Description:** Event is coordinated by Senator Carol Liu's office. Listen in on presentations provided by health specialists for hospital's such as Glendale Adventist Medical Center and benefit from free screenings.

**Cost:** Free

**To RSVP:** To RSVP needed, for more information, contact Lena Kennedy in Senator Carol Liu's office at (818) 409-0400

**Save the Date for the 2010 Downtown Dash, Sunday, March 14, 2010 (7:00 AM - Daylight Savings Day)**

**Location:** The race will start in front of the Alex Theatre (216 N. Brand Blvd) in Glendale and will include a run through the Americana at Brand.

**Description:** This 5K Run/Walk travels through the heart of downtown Glendale and includes the Americana at Brand. Money raised from this event benefits GAMC Stroke Services for the Community.

**Cost:** \$25 Early Registration; \$35 Late Registration

**To RSVP** or for information, visit <http://www.GlendaleDowntownDash.org>

## Meet Our Hosts

Glendale Adventist is proud to have Gregory Zarian and Susanne Whatley, two dynamic, Glendale-community residents host the new, weekly Healthline tv and online show.

Gregory brings warmth and charm to the show set offering candid and inspirational commentary and questions about current health topics. Susanne helps engage viewers with interviews that respond to community questions about health and access to health options.

### Here's some insight into our show co-hosts:

#### Gregory Zarian

**GAMC: Why did you decide to host the show?**

**GZ:** I decided to be a part of Healthline specifically because I am *not* a medical expert. I feel that I, along with the viewer, can learn together. What we don't know, we don't know and what we will learn, we will learn together! I lost my mom when she was too young, so if I can pass on any information to someone else that keeps them or a loved one alive longer and live a healthier life, then that is what I am here to do.

**GAMC: What will you bring to the show? (life/professional experience)**

**GZ:** I will bring a bit of charm, wit and heart to the show. I will also bring my personal experiences as well.

**GAMC: What makes you most excited about Healthline?**

**GZ:** What makes me most excited about Healthline is bringing information about health and wellness to the community and to the viewers. To ask the questions and get the answers they want and need to know.

**GAMC: Why do you think Healthline is important for the community?**

**GZ:** I feel it is important to bring Healthline to the community because we're too healthy a society, to be this unhealthy.

#### Susanne Whatley

**GAMC: Why did you decide to host the show?**

**SW:** Healthline' is really a unique opportunity for all of us in the Glendale, Burbank, and Crescenta Valley area. Here's a chance to help people make informed choices about their own health care. So much inflamed rhetoric surrounds the issue these days but it really all comes down to finding the right nearby doctor, hospital and support staff for your needs now, and in the future. I hope to be a conduit for that information, through discussions with professionals who provide that care every day."

**GAMC: What will you bring to the show? (life/professional experience)**

**SW:** I have been reporting news and interviewing newsmakers in the Los Angeles area on local and network radio for 25 years. I've heard it all! Frankly, I'm good at separating fact from fiction and sincerity from hype, and I will ask the questions of these doctors and other professionals that will get the clearest and most helpful information across to the viewer.

**GAMC: What makes you most excited about Healthline?**

**SW:** Personally? It's a chance to give back to a community in which I was born and raised, and currently reside with two young children. So a lot of the questions I'll be asking on the show will be what I know people in the area including my friends and neighbors want answered. And professionally? I've never done television before, so I want to develop a new skill set and make sure I'm not a deer caught in the headlights when I look into that camera lens!

**GAMC: Why do you think Healthline is important for the community?**

**SW:** Do *you* know of a local television show that takes questions from the community and asks them directly of a nearby doctor, nurse or hospital administrator every week? I didn't, until 'Healthline' came along. I think the people at Glendale Adventist Medical Center have a hit on their hands, as soon as the word spreads. It's a big service they're providing to the community – for **FREE**.

# HEALTHline

Glendale Adventist Medical Center

## SHOW SCHEDULE

Mark your calendars to catch the newest show about you and your health – Healthline beginning Tuesday, August 25 and continuing on **every Tuesday from 7:00 – 8:00 PM** on **Charter Communications channel 280** or online at **[GlendaleAdventist.com/Healthline](http://GlendaleAdventist.com/Healthline)**.

### Healthline Premieres on Tuesday, August 25, 2009 at 7 PM!

The Benefits of Family-Centered Care	Tuesday, September 1
The Importance of Community Service	Tuesday, September 8
Behind the Scenes of a Hospital ER	Tuesday, September 15
Beating the Odds Against Stroke	Tuesday, September 22
Getting Fast Treatment for a Heart Attack	Tuesday, September 29
Caring for the Smallest Patients	Tuesday, October 6

**Check-in at [GlendaleAdventist.com/Healthline](http://GlendaleAdventist.com/Healthline) for future Healthline topics**